

# Wednesday, June 28, 2022

Monday - Friday OPEN 9-5 pm

Saturday OPEN 9-3 PM

**CLOSED Sunday & MONDAY July 4th**

## Sandwich Specials

**A.** Tuna Salad, L&T, Avocado on Toasted Rye Bread... \$10.99

**B.** Turkey Burger, Melted Vermont Cheddar, Sweet & Spicy Pickle Chips, Cole Slaw & BBQ Sauce, Toasted Brioche Roll... \$10.99

**C.** Sausage & Peppers, Melted Mozzarella, Ciabatta Hero... \$10.99

**D.** Panko Eggplant, Sauteed Rabe, Melted Mozzarella, Pesto, Focaccia... \$10.99

**E.** Chicken Parm Hero... \$10.99

*(See Everyday Sandwich List Below)*

## Salads / Sides / Entrees

**SALADS:** Quinoa w/Feta or Chickpea / Pesto Pasta / Slaw / Grans Potato / Curry Mango Chicken / Greek / Tuna / Greek / Orzo

**POTATOES:** Mashed / Roasted Yukons

**VEGGIES:** String Beans & Almonds / Grilled / Panko Eggplant / Broccoli Rabe / Seasonal / Broccoli & Snow

**CHICKEN:** Milanese / Cutlets / Grilled / Parm / Fingers / Blackened / Marsala / Blackened

**SEAFOOD:** Shrimp Cocktail / Salmon Honey Mustard & Grilled

**MISC:** Sausage & Peppers / Turkey Burgers / Fresh Roasted Turkey

## Fresh Baked / Grab & Go

**Grab and Go:** Veggie and or Vanilla Dip / Chobani Yogurts / Chicken Salad w/Grapes & Pecans / Fruit / Mac & Cheese / Tossed Salads / Caesar Salads / Chicken Fingers / Mac & Cheese / Penne Vodka

**Nuts, Chocolates & More:** Dark Chocolate Covered Almonds, Peanuts, Raisins, Cashews / Nonpareils / Berry Mix / Mixed Nuts / M&M Trail Mix

**Sweet Treats:** Chocolate Chip Cookies / Peanut Butter Cookies / Oatmeal Raisin / Snicker Doodles / Red Velvet / Fudge Brownies / Sinful Squares

**Appetizer from Our Freezers:** Spinach & Artichoke Dip

**Cheeses & Dips:** Hummus / Cheddar Carm Onion Spread / Cheddar Jalapeno Spread / Assortment of Hard & Soft Cheese

**Salsas:** Mango / Black Bean & Corn / Hot & Mild

**Packaged Goods:** Tortilla Chips / Potato Chips / Crackers / Olives

**Soups to take home & heat:** Vegetable Bounty / Chicken Noodle / Mushroom Barley

## Raw & Frozen Seafood Availability

*With 1 to 2 day notice we can special order almost anything*

Canadian Farmed Salmon / 13/15 Farmed Shrimp / Wild Mexican "Ocean Garden" 21/25 Shrimp \$19.99 lb. / Flash Frozen Dry Scallops / Frozen & Cryovaced Tuna Steaks & Tilapia

## **Everyday Sandwiches**

*Please note price changes*

1. **Chicken Milanese, Fresh Mozzarella, Tomato, Baby Arugula & Balsamic Vinaigrette on a Ciabatta Roll \$11.99**
2. **Chicken Cutlet, Melted Cheddar, Bacon, Lettuce & Tomato with Mayo on a Focaccia Roll \$10.99**
3. **Panko Crusted Eggplant with Roasted Red Peppers, Fresh Mozzarella & Baby Spinach with Balsamic Vinaigrette in a Wrap \$10.99**
4. **Grilled Chicken, Broccoli Rabe, Melted Mozzarella with Balsamic Vinaigrette on Focaccia Roll \$11.99**
5. **Boar's Head Sliced Maple Ham with Brie, Leaf Lettuce & Honey Mustard on a Ciabatta \$10.99**
6. **Boar's Head Sliced Maple Turkey with Melted Jarlsberg, Lettuce, Tomato & Honey Mustard on Mutli-Grain Bread \$9.99**
7. **Cajun Grilled Chicken with Roasted Peppers, Melted Pepper Jack, Buffalo Mayo and Lettuce on a Focaccia Roll \$10.99**
8. **Italian Tuna: Our Tuna Salad, Roasted Red Pepper, Provolone, Lettuce & Italian Vinaigrette on a Ciabatta Roll \$9.99**
9. **Fresh Roasted Turkey, BLT, Avocado, Cranberry Mayo, Rye Bread... \$11.99**
10. **Roast Beef & Swiss, Lettuce, Tomato, Horseradish Sauce on Rye... \$10.99**
11. **Homemade Turkey Burger, Melted Cheddar, Avocado, Lettuce, Tomato, Mayo & Ketchup on a Toasted Brioche Roll \$10.99**
12. **Grilled Portobello, Fresh Mozzarella, Basil, Tomato & Balsamic Vinaigrette on a Ciabatta Roll \$10.99**

### **Dear Valued Clients:**

Due to the rising cost of credit card processing we are making a change in the way we accept credit card sales. Please note effective immediately, we will assess a small convenience fee (3.5%) for using a credit card. **You can continue to get great value we offer for our services without the charge by paying in cash or check.**